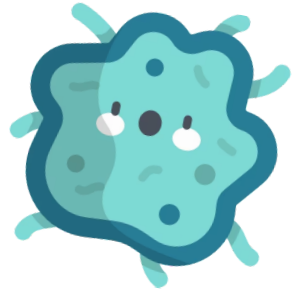


What You Should Know About **MOLD**



Did you know that...

- Outdoors, molds play a part in nature by breaking down dead organic matter such as fallen leaves and dead trees...
- But indoors, mold growth should be avoided.

- The spores are invisible to the naked eye and float through outdoor and indoor air.
- Molds may begin growing indoors when mold spores land on surfaces that are wet.

- Molds have the potential to cause health problems
- Molds produce allergens—substances that can cause allergic reactions—irritants—and in some cases, potentially toxic substances—mycotoxins.

- Inhaling or touching mold or mold spores may cause allergic reactions in sensitive individuals.
- Allergic responses include hay fever-type symptoms, such as sneezing, runny nose, red eyes, and skin rash (dermatitis).

For more detailed information consult a health professional.