

FACTS ABOUT ASBESTOS

DID YOU KNOW THAT...

- Asbestos is the name of a group of minerals with long, thin fibers.
- It was once used widely as insulation.
- It also occurs in the environment.
- Asbestos fibers are so small you can't see them.
- Disturbing asbestos can cause fibers to float in the air.
- When this happens, they are easy to inhale.
- You breathe out most fibers, but some become lodged in the lungs.
- Over time, they can build up in the lungs, causing scarring and inflammation.
- This can eventually affect breathing and lead to disease, such as
 - Asbestosis, or scarring of the lungs that makes it hard to breathe
 - [Mesothelioma](#), a rare cancer that affects the lining of the lungs or abdomen
 - [Lung cancer](#)

Lung diseases associated with asbestos usually develop over many years. Smoking cigarettes increases the risk.

Agency for Toxic Substances and Disease Registry

*Let the experts at Mid-Atlantic laboratories help you
find out if you have a Asbestos problem*